

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00am	7:45am		7:45am	7:00am	8:00am
River Fit (river)	Aqua Conditioning (shallow)		Aqua Conditioning (shallow)	River Fit (river)	Weekend Warrior (deep)
Elyse G	Julie H		Julie H	Elyse G	Victoria B
9:45am		9:45am		9:45am	9:30am
Body Sculpt (deep)		Balance & Stability (therapeutic)		Balance & Stability (therapeutic)	Cardio Energizer (shallow)
Victoria B		Victoria B		Karen H	Victoria B
	11:45am		11:45am		
	Cardio Energizer (shallow)		Aqua Conditioning (shallow)		
	Elyse G		Elyse G		
	7:00pm		7:00pm		
	Kickin' Booty (deep)		Kickin' Booty (deep)		
	Victoria B		Wendy B		