



420 S Orange Ave Suite 270  
Orlando, FL 34787

[info@starguardelite.com](mailto:info@starguardelite.com)

## Safely Conducting Lifeguard Training and Aquatic Operations

Since restrictions have been implemented related to the novel coronavirus, SARS-CoV-2, StarGuard Training Centers worldwide have sought guidance and information for navigating the pandemic's impact to their operations. In response to this StarGuard ELITE (SGE) is continuously taking guidance from the SGE Medical Directors, World Health Organization ("WHO"), Centers for Disease Control and Prevention ("CDC"), Occupational Safety and Health Administration ("OSHA"), American Heart Association ("AHA"), aquatics industry organizations, and more.

We are regularly updating our StarGuard Training Centers to safely resume training courses and limited operations through a series of risk prevention and mitigation procedures. Resuming these activities must also be in accordance with local guidance for reopening for the training center location.

SGE believes these activities can resume provided the measures below are incorporated, each of which are explained in depth during weekly training center communications. The risk mitigation measures include:

1. Screening for all employees and patrons
2. Personal protective equipment (PPE), including cloth face coverings, gloves, and additional PPE when necessary
3. Enhanced cleaning and disinfection guidelines, consistent with the CDC
4. Water quality safety, consistent with the CDC, WHO, and other industry organizations
5. Emergency response updates and protocols
6. Maintaining physical distancing best practices for aquatic environments and training courses
7. Using StarGuard's proprietary online learning courses and virtual training block plans for cognitive training portions of the various training courses offered
8. On-Duty lifeguard standards and best practices
9. Employer best practices

Through these measures, StarGuard ELITE supports our training centers to resume limited activities in accordance with their local guidance. We are all in this together and want to keep everyone as safe as possible in these rapidly changing times. Please don't hesitate to reach out to your Training Center or contact StarGuard ELITE at [info@starguardelite.com](mailto:info@starguardelite.com) if you have questions.

### DISCLAIMER

StarGuard Elite, LLC ("SGE") conducts aquatic safety education and training and publishes related materials for affiliate training centers. This letter is intended to provide training candidates and facility patrons information about the recommendations put forth to affiliate training centers to safely conduct training and operate aquatic facilities in response to the COVID-19 pandemic. The information provided by SGE to affiliate training centers is to provide general considerations and best practices based on the most current guidance available at the time of this document's creation. It is the responsibility of each training center to review the information provided and their own local guidance to make the best determination for their own policies and procedures.

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