

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	7:45am Aqua Conditioning (shallow)		7:45am Aqua Conditioning (shallow)		
	Julie H		Julie H		
9:45am Body Sculpt (deep)		9:45am Balance & Stability (therapeutic)		9:45am Balance & Stability (therapeutic)	9:15am Cardio Energizer (shallow)
Victoria B		Victoria B		John J	Victoria B
	11:45am Cardio Energizer (shallow)		11:45am Aqua Conditioning (shallow)		
	Elyse G		Elyse G		
	7:45pm Kickin' Booty (deep)		7:45pm Kickin' Booty (deep)		
	Victoria B		Wendy B		